

## Mr. and Ms. Mentoring

## **Mentor Application**

Please submit your application to <a href="mailto:application@mrandmsmentoring.org">application@mrandmsmentoring.org</a>

Full Name:
Date of Birth:
Email Address:
Phone Number:
Volunteer hours # per week:
Reliable transportation:
Hobbies:
General Health:

Mentoring is a special partnership as well a commitment between you and the youth. During your time with the youth, the program expects mentors to:

- 1. Help Youth develop their mental health awareness
- 2. Provide a positive & structured support.
- 3. Advocate for the youth in education and community resources
- 4. Engage in strengthening family dynamics
- 5. Inspire personal growth & self confidence
- 6. Assist in short term/ long term goals.

## **Compatibility**

- 1. Why do you want to be a mentor? What can a mentor learn from you?
- 2. What is your involvement in the community?
- 3. What are your strengths & Weakness's
- 4. What Degree are you pursuing/ and or Achieved?
- 5. Are you employed? If so (History last 3)
- 6. What makes you Unique?
- 7. What is your perspective on at risk Youth? (Detail)
- 8. Do you want to be involved in group activities?
- 9. What is your knowledge in Mental Health?
- 10. Have you had any traumatic experiences? If so, how did you recover?
- 11. Do you have any criminal history (felonies or misdemeanors)?
- 12. Have you had any issues with drugs or substances?
- 13. Miscellaneous (NEED TO KNOW)
- 14. Other ?